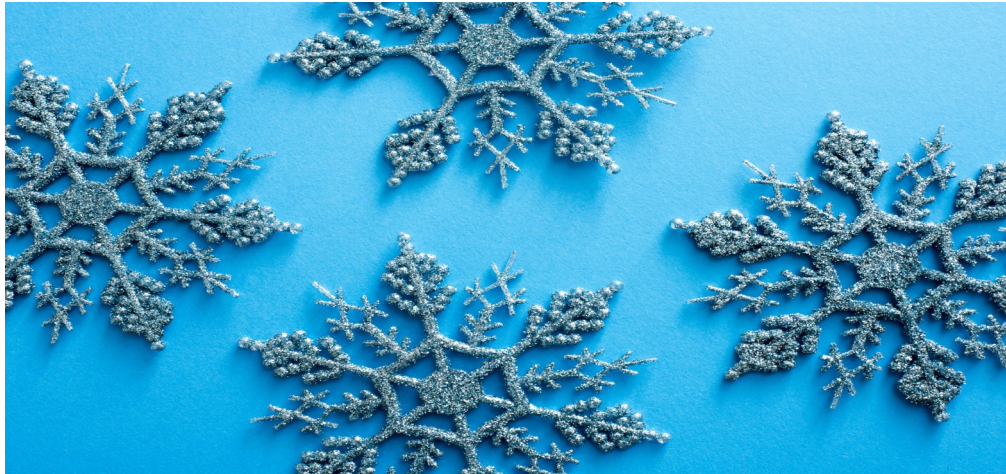


Tenant Newsletter for January 2021



***AHA Board Meeting — Tuesday, January 12th from 12 p.m. to 1:00 p.m.
(If you wish to be put on the agenda, please contact the office)***

Holiday Closings:

Thursday December 31st AHA Office closed

Friday January 1st New Year's Day

Monday January 18th Martin Luther King Day

Tina Bourland, our Social Worker, will be in Aurora to meet with you on Monday January 25th. Appointments are appreciated. If you would like to make an appointment with her, please contact her at 308-385-5530.

Reminders:

** Please clean up after your dogs after they go out*

** Please try not to park so close to the curb so people can still use the sidewalk*

The on-call phone number has changed!!! The new number effective immediately is 308-390-5546.

Tenant Newsletter for January 2021 continued...

COVID Updates:

- * The Community Room is still limited to a 15 person capacity.*
- * Best practices to stay safe: wear a mask, stay 6 feet apart, and avoid crowds.*
- * There is a wide range of symptoms ranging from mild symptoms to severe illness. Please stay home if you are sick.*

Health and Wellness Tips for Winter:

- * Indoor air quality. People tend to spend more time indoors when the temperature drops.*
- * Wash your hands. Winter is cold and flu season.*
- * Get your flu shot. The best way to avoid the flu virus is by getting vaccinated.*
- * Eat healthy.*
- * Stay hydrated.*
- * Stay active.*
- * Visit your primary care physician.*



Reminder: If you have a work orders, you can fill out a work order form and place it in the drop box located in the laundry room. You can also call the office Monday through Friday 8:00 a.m. to 4:30 p.m. at 402-694-3292.

For emergency work orders after hours, call the maintenance on-call phone at 308-390-5546.

Nate from HCHA will be in Aurora until further notice. He will be here Wednesdays and Fridays.

“You don’t Always Need a Plan. Sometimes you just need to Breathe, Trust, Let Go and see What Happens”